

**Sheth T. J. Education Society's**  
**Sheth NKTT College of Commerce and Sheth JTT College of Arts**

**7.2 Best Practices (2020-21)**

**Best Practice - 1**

**1. Title of Practice - "Nurturing and fostering female students of the college"**

**2. Objectives of Practice –**

- To achieve gender equality
- To create gender sensitization through curricular and extra- curricular activities
- To foster women empowerment through workshops, surveys and training programme
- To provide hands on training in Self-defense to girls for protecting themselves.
- To build self-esteem among the girl students
- To empower girl students through confidence building in them
- To create leadership quality amongst girl students for their career advancement
- To encourage girl students belonging to weaker sections of the society
- To enable girl students to cope up with any difficulties that may arise in their lives

**3. The Context –**

India ranks low in terms of Gender Development Index and Gender Empowerment Index. The literacy rate among women is also very low in India both in urban and rural areas as compared with developed nations. Our country is marching towards the path of development. Still women in India are suffering from a number of constraints in the form of gender inequality, domestic violence, secondary treatment etc. However due to increasing literacy rate, equal treatment to the girl child and growing trend towards girls' education is observed. The number of female students enrolled for the undergraduate courses have been consistently higher and increasing than the male students in the college. The conducive college environment plays a very important role in overall personality development of female students. Hence the need was identified to foster and nurture the female students of the college.

**4. The Practice –**

Every year teachers help female students to find out their interests and potentials and encourage them to enhance their skills through participation in different activities and programmes. To nurture and foster female students following activities were conducted by the college:

The Women Development Cell of the college conducted the following activities:

- National Short-Term Course on "Legal Empowerment" (From 20th July, 2020 to 26th July, 2020)
- National Level Webinar series on "Women Empowerment" From 1st March, 2021 to 5th March, 2021
- The Entrepreneurship Cell in association with the Self-Finance Courses department of the college celebrated International Women's Day on 8<sup>th</sup> of March, 2021 by organizing a session on "Art of Baking".



- Girl students participated in a full day workshop on Cartoon Drawing competition conducted by the University of Mumbai. Eminent cartoonists guided the students in the workshop and students were given certificates of University of Mumbai.
- Girl student participated in essay writing competition in 'Vivekotsav', conducted by Swami Vivekanand Kendra, on the occasion of Swami Vivekananda Jayanti in the month of January 2021.
- On February 20, 2021 A Rangoli workshop was arranged for our students. Our Ex-student Ms Shubhangi Baikar, winner of various intercollegiate events trained girl students.
- Mehendi competition was conducted on 10<sup>th</sup> April ,2021. One of the judges for the event was Priya Chauhan the then winner of Youth festival Mehendi competition.
- NSS volunteer Tanvi Jagtap from SYBCOM made and distributed masks to the needy people.
- An online session "Health and wellbeing of young women in modern India" was conducted for the female volunteers on 28th February 2020 by Gynecologist Dr. Sujata Bharambe in which she spoke about the various health issues of females and their solutions.
- Ms.Vanshika Bhushan Joil of SYBMS selected under Top10 (Merit) at the National Level Drawing Contest organized by D. G. Vaibhav College Chennai on 27th July,2020
- Girl student participated in "Two days University Level online Disaster Management programme organized by University NSS Cell and Gurukul College, Mumbai on 5th and 6th April 2021
- The chess competition was held on 18<sup>th</sup> January, 2021 for girl students of the c
- The NKT-interclass Skipping rope video making competition was held on 15-04-2021.

#### 5. Evidence of Success –

- More than 50 girl students of the college successfully completed National Short-Term Course on "Legal Empowerment" (From 20th July, 2020 to 26th July, 2020) organized by WDC.
- 71 girls and female staff of the college have attended 5 days National Level Webinar series on "Women Empowerment" From 1st March, 2021 to 5th March, 2021
- 115 girl students participated in "Art of Baking" workshop organized by the Entrepreneurship Cell in association with the Self-Finance Courses department of the college on the occasion of International Women's Day on 8<sup>th</sup> of March, 2021
- Girl students participated in a full day workshop on Cartoon Drawing competition conducted by the University of Mumbai.

Following girl students were selected from poster making competition conducted by college-

- 1) Apurva Kishor Pandit from FYBMS, B, 112
- 2) Santoshi Chandrasingh Bhandari from fybcom, E, 528
- 3) Suvidha Sudhakar Sawant from Fybcom, E, 616
- 4) Sonum Yadav from Sybcom, B, 285
- 5) Riddhi Mane from TYBCom, A, 54



6) Akanksha Pawar form TYBCom, B, 186

- Ritika Sharma from FYBCom (D) participated in essay writing competition in 'Vivekotsav', conducted by Swami Vivekanand Kendra, on the occasion of Swami Vivekananda Jayanti in the month of January 2021.
- On February 20 ,2021 A Rangoli workshop was arranged for our students. Our Ex-student Ms Shubhangi Baikar, winner of various intercollegiate events trained girl students. 48 students attended this workshop.
- 44 girl students participated in Mehendi competition conducted on 10<sup>th</sup> April,2021.
- NSS volunteer Tanvi Jagtap from SYBCOM made 355 masks and distributed them to needy people.
- An online session "Health and wellbeing of young women in modern India" was conducted for the female volunteers on 28th February 2020 by Gynecologist Dr. Sujata Bharambe in which she spoke about the various health issues of females and their solutions.
- On 8th March, 2021 International Women's Day was celebrated in which competition was organized "Click-pic". A total of 10 students participated in the same.
- Ms.Vanshika Bhushan Joil of SYBMS stood 2nd at the University level Intercollegiate competition 'Tribal Handicrafts' and also in "Tribal Art" under Vaarsa Fest organized by Lala Lajpat Rai College of Commerce & Economics Mumbai. On 19th March 2021.
- Jagruti Joshi from SYBCom participated in "Two days University Level online Disaster Management organized by University NSS Cell and Gurukul College, Mumbai on 5th and 6th April 2021
- The chess competition was held on 18<sup>th</sup> January, 2021 for girls. Following are the winners-

|     |                         |               |
|-----|-------------------------|---------------|
| I   | Twinkle Rajesh Shah     | T.Y.B. Com-B  |
| II  | Neha Jaiprakash Jaiswar | S.Y.B. Com -B |
| III | Sakshi Sudhakar Mishra  | F.Y.B. Com-C  |

- The NKT-interclass Skipping rope video making competition was held on 15-04-2021. Mishra Sheetal Anil-T.Y.B. Com secures first rank from girls. The winners were awarded E-certificate and medal.

**6. Problems Encountered –**

Number of times prejudices, wrong beliefs about many things such as social issues among girls, lack of family support prove as a hindrance in female participation. With changing lifestyle females are suffering from various health issues which are the constraints in their development. Due to social stigma in society, girl students do not show interest in various activities conducted for them in the college.

**7. Resources Required -**

- Sufficient number of trained personnel
- Financial assistance



## Best Practice – 2

1. **Title of Practice** – “NOT ME BUT YOU: Commitment towards social cause during pandemic period”

2. **Objectives of Practice** –

- To understand the role as a NSS volunteer towards community in pandemic period
- To understand the community in which they live and work
- To develop sense of social and civic responsibility
- To identify problems faced by the society during the pandemic period
- To utilize their knowledge in practical solution of community’s problems during pandemic period
- To gain skills in mobilizing community participation
- To develop leadership qualities
- To practice national integration and social harmony

3. **The Context** –

The National Service Scheme (NSS) is a government programme conducted by the Ministry of Youth affairs and Sports of the Government of India. The NSS is part of academic, social and personal life as it is the third dimension of the education. The main aim of the NSS is the development of students’ personality through community services. Every year NSS volunteers performed many activities like tree plantation, blood donation camp, awareness rallies, health camps etc. to help the community.

From last two years, the world is suffering from COVID 19 pandemic. The Indian Government has announced 1<sup>st</sup> lockdown in March 2020. This lockdown affects human lives positively as well as negatively. We had experienced many changes in all the segments of the society. Due to lockdown the NSS volunteers were not able to perform their regular activities but as they committed towards society, they followed their motto (NOT ME BUT YOU) in pandemic period also. Due to their unconditional help to the society during pandemic period this is considered as a best practice.

4. **The Practice** –

Current outbreak of the COVID-19 pandemic forced to shift the traditional education system to online teaching and learning and the mode to conduct the activities also change. Keeping in view the current pandemic situation all the activities were conducted online using platforms such as zoom and Google Meet.

Due to the pandemic situation, it is very difficult to conduct the activities in the adopted area because as per the guidelines from the Government issued from time-to-time college cannot call the volunteers for the fieldwork. But NSS unit of the college has appeal to volunteers to complete the project work for the community in their respective areas of residence with proper precautions. The Program Officer guided the volunteers about the activities such as Awareness of Organ Donation, Energy conservation, Environment Enrichment and Health and hygiene, etc. which is possible for the students to complete the activities in the area of residence by conducting the meeting. The Program Officer also appeals to all the students to help the old age people in such difficult situation.



In spite of pandemic situation our NSS volunteers actively participated in many activities as well as they celebrated many commemorative days in online mode. They had also participated in different competitions and won many prizes. For a social cause volunteers organized blood donation camp in the college campus. They made different videos for community awareness. NSS volunteers helped management of the college in food distribution to the poor people during this pandemic period. Volunteers also made masks and distributed them to the poor people. Volunteers participated in “Two days University Level online Disaster Management” organized by University NSS Cell and Gurukul College, Mumbai on 5th and 6th April 2021. Apart from this NSS volunteers participated in various online programs such as Lokmanya Tilak Smruti Shatabdi and Anna Bhau Sathe Shatabdi Din, Smruti Gandhi organized by Balasaheb Thackeray study center, Gandhi Jayanti organized by Mumbai University, Jan Andolan pledge by filling online pledge, Organ donation organized by Mumbai University, Lokmanya Tilak Din, International Women's Day and Organ Donation drive by Mumbai University. NSS volunteers of our college participated in an online competition organized by University NSS Cell and other colleges and achieved various prizes.

**5. Evidence of Success –**

- Road Safety Program was conducted on 29th June, 2020 where an online training session was conducted on road safety measures by NGO in which 25 volunteers participated.
- Keeping in mind the spirit of NSS volunteers Kargil Vijay diwas was celebrated on 26th July 2020 in which volunteers prepared videos spreading awareness about Kargil Divas among the citizens of society.
- Due to pandemic period, tree plantation in other area was not possible. However, the tree plantation drive was carried out by the NSS volunteers in their area of residence. 31 volunteers planted saplings in their respective areas.
- Apart from this, around 17 volunteers were also doing various activities to spread awareness in the society related to the COVID-19 pandemic by making informational videos, posters. NSS volunteer Tanvi Jagtap from SYBCOM prepared 355 masks and distributed them to needy people.
- On 2nd October, 2020 Gandhi Jayanti was celebrated in which 38 volunteers paid tribute to the Father of our Nation by participating in online sessions such as giving speeches and bhajans.
- AIDS awareness day was celebrated on 1st December, 2020 in which students participated in a poster-making competition.
- Keeping in mind the spread of the pandemic and its effect on the health of people, an online Yoga session was conducted by Shri. Girish Kadam on 28th January, 2021 in which 50 volunteers participated.
- Blood Donation Camp in association with the Civil Hospital Thane was conducted on 23rd February, 2021. Around 61 donors registered for the drive and 11 bags were collected.



- An inter-collegiate poster making and video making competition on “Alarming Social Issues in Indian Society” was held on 23rd and 24th March, 2021, in which total of 9 colleges participated with around 23 registrations for the competition.
- Our NSS UNIT received an Appreciation Certificate at the ‘District Level Photography Competition’ organized by Saraswati College of Engineering Navi Mumbai on 19th August 2020.
- Our NSS UNIT declared as 1st Runner Up due to extra points rewarded to the unit because of the maximum level of participation & overwhelming response in the University level Intercollegiate competition \*SANKALP 2021\* 'VAARSA - Tribal Colours of India' organized by NSS Unit Lala Lajpat Rai College of Commerce & Economics Mumbai on 20th March 2021.
- Ms. Vanshika Bhushan Joil of SYBMS selected under Top10 (Merit) at the National Level Drawing Contest organized by D. G. Vaibhav College Chennai on 27th July, 2020. She also stood 2nd at the University level intercollegiate competition 'Tribal Handicrafts' and also in “Tribal Art” under Vaarsa Fest organized by Lala Lajpat Rai College of Commerce & Economics Mumbai. On 19th March 2021.
- Mr. Rahul Dharme of SYBMS stood 2nd at the National level event “NSS Got Talent” initiated by NSS for India on 15th August 2020. He also received 1st Consolation at Spoken Poetry Intercollegiate Competition organized by S. M. Shetty College Powai, Mumbai. Dated 21st March 2021 and won 2nd prize in the “Online Digital Poster making intercollegiate competition” organized by Valia C.L. College, Andheri, Mumbai on 1st April 2021.

**6. Problems Encountered –**

Due to the fear of COVID 19 pandemic many NSS volunteers were not able to participate in the many activities conducted by the college. Many a times parents were afraid to send their child due to the infection of Corona. College also limited their many external activities because they were not permissible by the government. For many outreach activities like blood donation camp, college has received less response as compared to earlier camps due to pandemic situation.

**7. Resources Required –**

Good Infrastructure is required for smooth organization of various activities.  
Financial Support on time is necessary to organize and implement the activities.  
Trained manpower and skilled external resource persons are required to guide and encourage the students.

  
**COORDINATOR**  
IQAC

SHETH T. J. EDUCATION SOCIETY'S  
SHETH N.K.T.T. COLLEGE OF COMMERCE &  
SHETH J. T. T. COLLEGE OF ARTS, THANE (W)

  
**(Dr. Dilip M. Patil)**  
**PRINCIPAL**

SHETH T.J. EDUCATION SOCIETY'S  
SHETH N.K.T.T. COLLEGE OF COMMERCE &  
SHETH J.T.T. COLLEGE OF ARTS, THANE (W)

