

**Sheth T.J. Education Society's  
Sheth N.K.T.T. College of Commerce &  
Sheth J.T.T. College of Arts (Autonomous), Thane**

**Credit structure as per NEP 2020 F.Y.B.A. (2025-26)**

	Semester I Subjects	Credits		Semester II Subjects	Credits
<b>Major</b>	1.Economics-Micro	4	<b>BAE201</b>	1.Economics-Micro Economics- II <i>ae</i>	4
<b>BAE101</b>	Economics -I <i>che</i>		<b>BAS202</b>	2.Sociology- Fundamentals of Sociology/ <i>8</i>	
<b>BAS102</b>	2.Sociology- Foundation of Sociology/ Psychology- <i>8</i>	2	<b>BAP202</b>	Psychology- Fundamentals of Psychology <i>8</i>	2
<b>BAP102</b>	Basics of Psychology <i>8</i>				
<b>Minor</b>	-	-	<b>BAP203</b>	3.Psychology- Basics of Psychology/ <i>8</i>	2
			<b>BAS203</b>	Sociology- The Social Lens /English: <i>8</i>	
			<b>BAE203</b>	Indian English Literature <i>8</i>	
<b>BAL103</b>	3.OE1: Constitution of India	2	<b>BAL204</b>	4. OE1: Constitution of India-	2
	- An Introduction <i>8</i>	2		Fundamental Rights and Duties <i>8</i>	2
	4.OE2: Basics of Computer			5.OE2: Basics of Statistics <i>8</i>	
	Network and Excel <i>8</i>				
<b>BAS104/</b>	5.VSC: Sociology- Social <i>8</i>	2	<b>BAS205</b>	6.VSC: Sociology -Globalisation and <i>8</i>	2
<b>BAE104</b>	Interaction/Economics-Basic		<b>BAP206</b>	work/Economics: Basic financial skills <i>8</i>	
<b>BAP105</b>	Banking skills <i>che</i>	2		7.SEC: Psychology: Positive Psychology	2
	6.SEC: Psychology- Stress			for career and Life <i>8</i>	
	Management <i>8</i>				
<b>BAL106</b>	7.AEC: English -	2	<b>BAL207</b>	8. AEC: English Communication Skills	2
<b>BAC107</b>	Communication Skills -I <i>8</i>		<b>BAC208</b>	II (Lecture and Tutorial) <i>8</i>	
<b>BAP108</b>	(Lecture and Tutorial)	2		9.VEC: Life Skills and Holistic	2
	8.VEC: Life Skills and			Development -II <i>8</i>	
	Holistic Development -I	2			
	9.IKS: Ancient Indian				
	Psychology <i>8</i>				
<b>BAS109</b>	10.CC: NSS -National <i>8</i>	2	<b>BAS209</b>	10.CC: NSS--National Service Scheme <i>8</i>	2
<b>BAL109</b>	Service Scheme/ Sports/		<b>BAL209</b>	Sports/ Cultural/ Yoga <i>8</i>	
<b>BAP109</b>	Cultural/ Yoga <i>8</i>		<b>BAP209</b>		
	<b>Total</b>	<b>22</b>			<b>22</b>

*che*  
**NEP Coordinator  
Prof. Hina Chande**



*[Signature]*  
**Principal  
Dr. Dilip Patil**

VISION: COMMITTED AND PERSUASIVE EFFORTS TOWARDS HOLISTIC EDUCATION

Sheth T. J. Education Society's  
Sheth N.K.T.T College of Commerce and  
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<b>Programme Name: B.A</b>		<b>Semester: I</b>
Course Category/Vertical: Major		
Name of the Dept: Economics		
Course Title: Microeconomics-I		
Course Code: BAE101		Course Level: 4.5
Type: Theory		
Course Credit: 4 credits		
Hours Allotted: 60 Hours		
Marks Allotted: 100 Marks		
<b>Course Objectives (CO):</b> (List the course objectives) CO1. To introduce students to the basic principles of microeconomic theories. CO 2. To understand market equilibrium through demand and supply. CO 3. To acquaint the students with concept of consumer's behavior through microeconomic theories. CO 4. To give insight of the theories of production		
<b>Course Outcomes (OC):</b> (List the course outcomes) OC1. Students' will learn basic principles of microeconomics. OC 2. Students will be able to understand the concepts of demand, supply and equilibrium. OC 3. Students get acquainted with concept of consumer's behavior OC 4. Students will gain the knowledge of production theories		
<b>Description the course:</b> <b>(Including but not limited to)</b>		Study of this paper will help students to understand basic concepts of Microeconomics which can be applied in day-to-day life. Students will be able to understand economic problems and will be able to apply basic tools in economic analysis and decision making. The study of this paper will help students to understand consumer behaviour, attainment of profit maximization, formulating and understanding economic policies which will help in managerial decision making.

**Syllabus: NEP 2020 w. e. f 2024-25**

Unit No.	Content	Hours
I	<b>Introduction</b> Microeconomics: Meaning, Scope, Importance and limitations; Basic Economic Problems; Positive and Normative Economics; Basic tools used in economic analysis; Production Possibility Curve; Role of Price Mechanism in a Market Economy.	15
II	<b>Demand and Supply</b>	15

	Demand Curves: Individual Demand and Market Demand, Movements along the demand curve, shift in demand curve; Supply Curves: Individual Supply and Market Supply, Movements along the supply curve, shift in supply curve, Changes in Market Equilibrium; Elasticity of demand: Price, Income, Cross and Promotional Elasticity of demand; Elasticity of Supply	
III	<b>Consumer's Behaviour</b> Introduction to cardinal and ordinal utility approaches; Indifference Curve Analysis – Properties of Indifference Curves, Budget line and Consumer's Equilibrium; Income, Price and Substitution Effect; Derivation of Demand Curve; Consumer's Surplus: Strong Ordering and Weak Ordering.	15
IV	<b>Production Analysis</b> Production Function: Concept and Types; Concept of Total, Average and Marginal Product; Law of Variable Proportion and Returns to Scale, Isoquant and Producer's Equilibrium; Expansion Path; Economies and Diseconomies of Scale and Economies of Scope	15
	<b>Total Hours</b>	<b>60</b>

#### References:

1. N. Gregory Mankiw, (2015), "Principles of Microeconomics" 7th edition- Cengage Learning.
2. Sen Anindya, (2007), "Microeconomics Theory and Applications" Oxford University press, New Delhi.
3. Salvator D, (2003) "Microeconomics Theory and Applications" Oxford University press, New Delhi.
4. M. L. Jhingan, (2006) "Microeconomics Theory", 5th edition Vrinda Publication (P) Ltd.
5. H. L. Ahuja, (2016) "Advance Economics Theory" S. Chand & Company Ltd.
6. Paul Samuelson and W. Nordhaus, (2009): Economics, 19th Edition McGrawHill Publications.
7. Mankiw M.G (2015), Principles of Micro economics 7<sup>th</sup> edition - Cengage Learning.

#### Pattern for Internal and External Examination

##### Scheme of Examination

Internal: 40 Marks

External: 60 Marks

##### Pattern for Internal Examination

Internal	Marks: 40
Assignment	10 marks
Active class Participation/Attendance	10 Marks
Class test	20 Marks

**Pattern for Class test**

Q. 1 Select an appropriate answer from the following and rewrite the sentence. (10 Marks)

Q.2 Attempt any two from the following. (10 Marks)

**Pattern for External Examination**

<b>Q. No.</b>	<b>External</b>	<b>Marks: 30</b>
Q .1 (From Module 1)	Q.1 Full Length Question OR Q.1 a) b)	15 Marks  8 Marks 7 Marks
Q. 2 (From Module 2)	Q.2 Full Length Question OR Q.2 a) b)	15 Marks  8 Marks 7 Marks
Q. 3 (From Module 3)	Q.3 Full Length Question OR Q.3 a) b)	15 Marks  8 Marks 7 Marks
Q. 4 (From Module 4)	Q.4 Full Length Question OR Q.4 a) b)	15 Marks  8 Marks 7 Marks

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Programme Name: <b>B.A</b>		Semester: <b>I</b>	
Course Category/Vertical: Major			
Name of the Dept: <b>Sociology</b>			
Course Title: <b>Foundation of Sociology</b>			
Course Code: BAS102		Course Level:4.5	
Type: Theory / Practical			
Course Credit: 2 credits			
Hours Allotted: 30 Hours			
Marks Allotted: 50 Marks			
<b>Course Objectives (CO):</b> (List the course objectives)			
CO 1. To introduce the students to the basic concepts in Sociology			
CO 2. To familiarize students with the theoretical aspects of different concepts			
CO 3. To understand the students career opportunity in sociology			
<b>Course Outcomes (OC):</b> (List the course outcomes)			
OC 1. Gain a deeper and clear understanding of Sociology with an updated knowledge of career opportunities in the subject.			
OC 2. Analyze factors that contribute towards bringing about changes in various social Structures and institutions.			
OC 3. Gain knowledge about emergence of Sociology as a discipline and its relevance today.			
<b>Description the course:</b> <b>Including but Not limited to:</b>		Sociology is the systematic study of social behavior and human groups. It focuses primarily on the influence of social relationships upon people’s attitudes and behavior and on how societies are established and change. As a field of study sociology has a very broad scope. It deals with families, gangs, business firms, computer networks, political parties, schools, religions, and labor unions. It is concerned with love, poverty, conformity, technology, discrimination, illness, alienation, overpopulation and community	

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
I	<b>UNIT I: PERSPECTIVES IN SOCIOLOGY</b> a) Emergence of Sociology as a discipline and its relevance today, Origin, Scope and development of the discipline of Sociology b) Relationship between sociology and interdisciplinary nature c) Careers in Sociology	15
II	<b>THEORETICAL PERSPECTIVE</b> a) Auguste Comte, Emile Durkheim b) Max Weber, Herbert Spencer c) Karl Marx	15
	Total Hours	30

**References:**

- Dasgupta and Saha (2012) An introduction to Sociology, Pearson
- Introduction to Sociology By George Ritzer 2019
- Sociology Sheth Publication
- The Basics of Sociology, Greenwood PressStolley S, Kathy (2005)
- Giddens, Anthony (2001); Sociology; 4th edition; Polity Press.
- Schaeffer and Lamm (1988); Sociology; 6th edition; McGraw Hill
- Sarjerav Salunkhe, समाजशास्त्रातील मूलभूत संकल्पना Edition 2022
- Samajshastra ParichayMarathi Edition | by P.K. Kulkarni and Dilip Khairnar | 1 January 2013
- Samajshastriya Parichay (Marathi) by Dr.Dilip Khairnar | 1 January 2015
- Hadden, Richard W, 1997, Sociological Theory: An Introduction to the Classical Tradition, Peterborough, Broadview Press.

## **Paper Pattern for Internal and External Examination**

### **Scheme of Examination**

Internal : 20 Marks

External: 30 Marks

Internal	Marks: 20
Assignment/Participation/Group Discussion/Book Review/Film Review	10 Marks
Class test	10 Marks

### **MODEL QUESTION PAPER**

#### **SEMESTER I**

### **External Examination (30 Marks)**

1. Attempt Any Four Short Notes (5 marks each)

**A)**

**B)**

**C)**

**D)**

**E)**

**F)**

2. Attempt Any One Question (10 marks each)

**A)**

**B)**

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<b>Program Name: B.A.</b>	<b>Semester: I</b>
<b>Course Category: Major</b>	
<b>Name of the Dept: Psychology</b>	
<b>Course Title: Basics of Psychology – I</b>	
<b>Course Code: BAP102</b>	<b>Course Level: 4.5</b>
<b>Course Credit: 2</b>	<b>Total Marks: 50</b>
<b><u>Learning Objectives:</u></b> Students will be able to... <ol style="list-style-type: none"> <li>1. Acquire concepts of psychology to students and establish interest in them.</li> <li>2. Acquire base of the subject psychology for further study in Psychology</li> <li>3. Help students to understand the basic psychological processes and their applications in day to day life.</li> <li>4. Learn the research methods used in Psychology.</li> </ol>	
<b><u>Course Outcomes (CO):</u></b>  After completing the course, students will be able to... CO1: Define and describe the basic concepts and theories in Psychology along with basic concepts of research in Psychology. CO2 : Explain and use the acquired concepts in cognitive processes in real life along with understanding the structure and basic function of neurons.	

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
<b>I</b>	<b>Introduction to Psychology</b> a) Psychology as a discipline: Perspectives in Psychology, Branches of Psychology. b) The scientific method- Correlation, Experimentation. c) The scientific attitude, Critical thinking. d) Sampling- Types and Issues.	15
<b>II</b>	<b>Cognitive Processes</b> a) Biology of mind- Neural communication, The nervous system b) Learning: Classical Conditioning and Operant Conditioning	15

	c) Memory: Storage, Retrieval, Remembering and Forgetting. d) Intelligence: Meaning of Intelligence, Theories, Emotional Intelligence.	
	Total Hours	30

#### References:

1. Feldman, R. S. (2017). Essentials of Understanding Psychology, (12th edition). New Delhi: Tata McGraw Hill.
2. Ciccarelli, S. K., & White, J. N. Adapted by Girishwar Misra (2018). Psychology.5th ed. New Delhi: Pearson Education

#### Scheme of Examination

Internal: 20 Marks

External: 30 Marks

<b>Internal</b>	<b>Marks: 20</b>
Quiz	5 Marks
Assignment/Participation/Attendance	5 Marks
Class test	10 Marks

#### Paper Pattern for External Examination.

Duration: 1 hour

Marks: 30

- Q1. Answer the following question. (Any 2) (Unit 1) (10)
- Q2. Answer the following question. (Any 2) (Unit 2) (10)
- Q3. Short notes. (Any 2) (10)
- a) From Unit 1
  - b) From Unit 1
  - c) From Unit 2
  - d) From Unit 2



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<b>Programme Name: B.A.</b>	<b>Semester:II</b>
Course Category: Open Elective (OE)	
Name of the Department: <b>Business Law</b>	
Course Title: <b>Constitution of India- An Introduction</b>	
Course Code: BAL103	Course Level: 4.5
Type: Theory / Practical	
Course Credit: 2 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester )	
Hours Allotted: 30 Hours	
1. Marks Allotted: 50 Marks	
<b>Course Objectives:</b> <ol style="list-style-type: none"> <li>1. To make the students understand base of the Constitution that is Preamble of Constitution and salient features of Constitution.</li> <li>2. To make the students understand Institutions of Governance in India</li> </ol>	
<b>Course Outcomes:</b> <ol style="list-style-type: none"> <li>1. Students will appreciate and understand base of the Constitution that is Preamble of Constitution and salient features of Constitution.</li> <li>2. Students will understand Institutions of Governance in India</li> </ol>	
<b>Course Description:</b> <p>This course provides an in-depth introduction to the <b>Indian Constitution</b> and the <b>governance structures</b> it establishes. It begins with the historical evolution of the Constitution, followed by an examination of its core philosophy as articulated in the <b>Preamble</b>. The course also explores the <b>salient features</b> of the Constitution, offering insights into its unique design and functioning.</p> <p>Subsequent units delve into the <b>key institutions of governance</b> in India, including the roles and powers of the <b>President, Prime Minister, and Council of Ministers</b>, as well as the structure and functioning of <b>Parliament and State Legislatures</b>. The course further explores the <b>judiciary</b>, with a focus on the <b>Supreme Court</b> and its power of <b>Judicial Review</b>.</p>	

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
I	Background, Preamble and Features <ol style="list-style-type: none"> <li>a. Historical Background</li> <li>b. Preamble of the Indian Constitution</li> <li>c. Salient Features of the Indian Constitution</li> </ol>	15

II	Institutions of Governance in India a. President, Prime Minister, and Council of Ministers b. Parliament (Lok Sabha, Rajya Sabha) and State Legislatures c. Supreme Court and Judicial Review	15
	Total Hours	30

#### References:

1. Constitutional Law of India By Dr. J. N. Pandey
2. Indian Constitutional Law by M P Jain
3. Introduction to the Constitution of India by Durga Das Basu
4. Fundamental Rights and Their Enforcement by Uday Raj Rai
5. Being an Indian Citizen - A guide to our Fundamental Duties by Prashant Solomon

#### Scheme of Examination

Internal : 20 Marks

External: 30 Marks

#### Continuous Evaluation (Internal Assessment):

Sub-components	Maximum Marks
1) 1 <sup>st</sup> Project/ Report work	05
2) Behaviour and involvement in the class	05
3) MCQ Based Test (1 MCQ of 1 mark each)	10
Total	20

#### Format of question paper

Maximum Marks: 30

Duration: 1 Hour.

All Questions are Compulsory Carrying 15 Marks each.

Question No	Particular	Marks
Q-1	(From Module I) Theory (15 Marks) OR a. Theory (08 Marks) b. Theory (07 Marks)	15 Marks
Q-2	(From Module II) Theory (15 Marks) OR a. Theory (08 Marks) b. Theory (07 Marks)	15 Marks

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Programme Name: <b>B.A</b>		Semester: <b>I</b>	
Course Category: <b>OE1</b>			
Name of the Dept: <b>Mathematics and Statistics</b>			
Course Title: <b>Basics of Computer Networks and Excel</b>			
Course Code:BAM103		Course Level: <b>4.5</b>	
Course Credit: 02		Total Marks: 50	
<b>Course Objectives:</b> 1. To Understand Networking Fundamentals and protocol. 2. To build foundational skills that enable users to confidently use Excel for personal and professional tasks.			
<b>Course Outcome:</b> Learners will be able to <b>CO1:</b> understand basic networking concepts, including network types, protocols. <b>CO2:</b> use Excel confidently and effectively.			
<b>Relevance:</b> Enables instant messaging,video calls and emails. Networks allows devices to share hardware resources. Efficiently store , organizes, and manages large data sets			
<b>Scope:</b> Facilitates instant messaging,video calls and emails for business. Understanding networking and topology			

Unit No.	Content	Hours
I	<b>Data Communications, Network and Topology</b> Data Communications ,Components and Characteristics Definition and Importance of Computer Networks Types of networks (LAN, WAN, MAN) Network topologies (star, mesh, bus, ring) Networking models (OSI and TCP/IP) <b>Network Protocols</b> Understanding protocols and their role Key protocols: TCP, UDP, IP, HTTP, FTP,SMTP	15
II	<b>Introduction to Excel</b> Overview of Excel and its Applications Understanding the Excel Interface (rows, columns, cells, worksheet, workbooks) Basic Excel operations (creating, saving, opening and closing workbooks) Formatting cells. Entering and editing Data, Types of Data Using basic formulas and functions: SUM, AVERAGE, COUNT Creating and managing charts	15
	<b>Total Hours</b>	<b>30</b>

### Reference Books:

1. Data communications and Networking by Behrouz A. Forouzan
2. Fundamentals of Computer Networks by Kundu PHI
3. Introduction to Computer Networks 2nd Edition By Archana Verma
4. Excel with Microsoft Excel: Comprehensive & Easy Guide to Learn Advanced MS Excel- Naveen Mishra

Scheme of Examination:

Internal: 20 Marks      External : 30 Marks

Internal	Marks: 40
Class Test	10 Marks
Assignment/Attendance	10 Marks
<b>Total</b>	<b>20 Marks</b>

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Programme Name: <b>B.A</b>		Semester: <b>I</b>	
Course Category/Vertical: VSC			
Name of the Dept: <b>Sociology</b>			
Course Title: <b>SOCIAL INTERACTION</b>			
Course Code: BAS104		Course Level: 4.5	
Type: Theory / Practical			
Course Credit: 2 credits			
Hours Allotted: 30 Hours			
Marks Allotted: 50 Marks			
<b>Course Objectives (CO):</b> (List the course objectives)			
CO 1. To enthuse students and to introduce them to the relevance and varied possibilities for future studies in Sociology.			
CO 2. To familiarize students with the theoretical aspects of different concepts.			
CO 3. To introduce the students to the basic concepts in sociology.			
<b>Course Outcomes (OC):</b> ( List the course outcomes)			
OC 1. Students get understand daily life encounter and importance of relationship between culture and communication.			
OC 2. Students would be able to gain deeper and clear understanding of Social Movement and formation.			
OC 3. Students able to understand the various theories.			
<b>Description the course:</b> <b>(Including but not limited to)</b>		In the family of social sciences, Sociology is comparatively a new entrant. But because of its dealing with social problems, social relationships and social interactions the importance of the study of this subject has considerably increased. It has considerably developed in methodology, scope and approach. Attempts are now being made to study every social problem scientifically and objectively, eliminating subjectivity to the extent possible a distinctive way of examining human interactions.	

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
I	<b>UNIT I: SOCIAL INTERACTION</b>  a. What is social interaction - Forms of Social interaction- Collective behavior, Folk and Mass, Crowds, Mobs, Riots, Mob hysteria  b. Daily life encounter -- relationship between culture and communication, verbal and non-verbal communication (face, body, gestures).	15
II	<b>UNIT IV: COLLECTIVE BEHAVIOUR</b>  a. Virtual Interaction -- Interaction, relationships at a distance on a global/virtual platform, building trust, etc. Network Society  b. Social Movements – Formation, Types, Prerequisites of Social movements	15
	Total Hours	30

**References:**

- Dasgupta and Saha (2012) An introduction to Sociology, Pearson
- Introduction to Sociology By George Ritzer 2019
- Sociology Sheth Publication
- The Basics of Sociology, Greenwood PressStolley S, Kathy (2005)
- Giddens, Anthony (2001); Sociology; 4th edition; Polity Press.
- Schaeffer and Lamm (1988); Sociology; 6th edition; McGraw Hill
- Sarjerav Salunkhe, समाजशास्त्रातील मूलभूत संकल्पना Edition 2022
- Samajshastra ParichayMarathi Edition | by P.K. Kulkarni and Dilip Khairnar | 1 January 2013
- Samajshastriya Parichay (Marathi) by Dr.Dilip Khairnar | 1 January 2015
- Hadden, Richard W, 1997, Sociological Theory: An Introduction to the Classical Tradition, Peterborough, Broadview Press.
- Social Movement in India-Ghanshyam Shaha1990

## **Paper Pattern for Internal and External Examination**

### **Scheme of Examination**

Internal : 20 Marks

External: 30 Marks

Internal	Marks: 20
Assignment/Participation/Group Discussion/Book Review/Film Review	10 Marks
Class test	10 Marks

### **MODEL QUESTION PAPER**

#### **SEMESTER I**

### **External Examination (30 Marks)**

1. Attempt Any Four Short Notes (5 marks each)

**A)**

**B)**

**C)**

**D)**

**E)**

**F)**

2. Attempt Any One Question (10 marks each)

**A)**

**B)**



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<b>Programme Name: B.A. Semester: I</b>	
Course Category/Vertical: Vocational Skill Course (VSC)	
Name of the Dept: Economics	
Course Title: Basic Banking Skills	
Course Code: BAE104	Course Level: 45
Type: Theory	
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	
<b>Course Objectives (CO):</b> 1.To acquaint the students with the basic concepts of banking operations. 2. To help the students to understand fundamentals of Electronic banking system and technologies.	
<b>Course Outcomes (OC):</b> OC 1. Students will be able to understand basic concepts of banking operations. OC 2. Students will be able to comprehend fundamentals of Electronic banking system and technologies.	
<b>Description the course:</b> <b>(Including but not limited to)</b>	Study of this paper will provide students with a comprehensive understanding of banking functions, the services offered and their broader role in the economy.  Studying E banking in this paper insures that students are equipped with the knowledge, skills and competencies necessary to survive in digital banking environment.

**Syllabus: NEP 2020 w. e. f 2024-25**

Unit No.	Content	Hours
I	Module 1: Introduction to Banking Operations Structure of Indian Banking System, Functions of Banks, Various types of Deposits & Products offered by Banks, Procedure for Account opening & closure, Types of Loans, KYC, Passbook, Cheque Book, Risk Management.	15
II	Module 2: E- Banking Introduction to E- Banking, need and importance of E-Banking. <ul style="list-style-type: none"> <li>Mobile Banking: Product features &amp; diversity of Mobile Banking, Immediate Payment Service (IMPS), Risk Management &amp; Frauds related to Mobile Banking, Benefits of providing Mobile Banking Services.</li> </ul>	15

	<ul style="list-style-type: none"> <li>• Internet Banking: Products and their features, Types of Risks associated with Internet Banking,</li> <li>• Electronic Payment System-Types such as RTGS, NEFT, UPI, Digital Wallet.</li> </ul>	
	Total Hours	30

#### References:

- 1) K C Shekhar & Lekshmy Shekhar (1961) Rev.19<sup>th</sup> Edition 2005, Banking Theory & Practice, Vikas Publishing House, New Delhi
- 2) Sanjeev Singh Kushwaha, (2020), Money Banking & Finance , SSDN Publishers, New Delhi
- 3) C N Reddy (2008), Electronic and Internet Banking, Pearl Books, New Delhi
- 4) Chandlar, L. V. and S. N. Goldfield (1977). Economics of Money & Banking, 7/e, Harpar and Row, New York
- 5) Indian Institute of Banking and Finance, Digital Banking, Taxmann
- 6) Wewege Luigi., The Digital Banking Revolution: How financial technology companies are rapidly transforming the traditional retail banking industry through disruptive innovation,
- 7) Lohana Sarika R., Digital Banking and Cyber Security. New Century Publications 4. Singh Jaspal., Digital Payments in India: Background, Trends and Opportunities, New Century Publications
- 8) Rao K. Srinivasa., Changing Dimensions of Banking in India, Notion Press

#### Scheme of Examination

Internal: 20 Marks

External: 30 Marks

#### Pattern for Internal Examination

Internal	Marks: 20
Assignment/Project	05 marks
Active class Participation/Attendance	05 Marks
Class test	10 Marks

#### Pattern for Class test

Attempt any five concepts out of eight (Marks: 10)

**Pattern for External Examination**

<b>Q. No.</b>	<b>External</b>	<b>Marks: 30</b>
Q .1 (From Module 1)	Q.1 Full Length Question OR Q.1 a) b)	15 Marks  8 Marks 7 Marks
Q. 2 (From Module 2)	Q.2 Full Length Question OR Q.2 a) b)	15 Marks  8 Marks 7 Marks

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<b>Programme Name: B.A.</b>		<b>Semester: I</b>
Course Category/Vertical: <b>Skill Enhancement Course</b>		
Name of the Dept: <b>Psychology</b>		
Course Title: <b>Stress Management</b>		
Course Code: BAP105		Course Level:4.5
Type: Theory		
Course Credit: 2 credits		
Hours Allotted: 30 Hours		
Marks Allotted: 50 Marks		
<b><u>Learning Objectives:</u></b> <ol style="list-style-type: none"> <li>1. To learn the nature and impact of stress &amp; Recognize the stressors present in the environment.</li> <li>2. To Apply theoretical concepts to one's own experience to understand stress and its impact on health and our lives</li> </ol>		
<b><u>Course Outcomes (CO):</u></b> After completing the course, students will be able to... CO1: Explain the nature of stress and sources of stress. CO2: Describe various strategies to cope with stress effectively.		
<b>Description of the course:</b> <b>(Including but not limited to)</b>		Stress has been the major part of everyone's life recently. Understanding the sources of stress will help the students to manage stress in their lives. Students will be able to use the developed skills to enhance their life.

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
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I	<b>Nature of stress</b> a. Understanding of stress- Meaning, Types of stress, meaning of Stressors, Conflict of motives, General Adaptation Syndrome, Fight and flight response. b. Sources of stress- Psychological, Social and environmental. Impact of stress on health	15
II	<b>Coping with stress</b> a. Strategies to cope up with stress, Time management. Emotion focused coping and problem focused coping. b. Problem solving, Behavior modification, Relaxation techniques, Cognitive restructuring.	15
	Total Hours	30

#### References:

1. Chen, D. (2017). Understanding Stress. Routledge freebook.
2. Seaward, Brian Luke. Managing stress: principles and strategies for health and well-being / Brian Luke Seaward. – 6th ed.

#### Scheme of Examination

Internal: 20 Marks

External: 30 Marks

Internal	Marks: 20
Quiz	5 Marks
Assignment/Participation/Attendance	5 Marks
Class test	10 Marks

#### Paper Pattern for External Examination.

Duration: 1 hour

Marks: 30

Q1. Answer the following questions. (Any 5 out of 8) (25)

(4 questions from each unit)

Q2. Short notes. (Any 2 out of 4) (05)

(2 from each unit)



**Sheth T. J. Education Society's**  
**Sheth N.K.T.T College of Commerce and Sheth J.T.T College of Arts, (Autonomous) Thane (W)**

<b>Programme Name: FYBA</b>	<b>Semester: I</b>
Course Category/Vertical: AEC	
Name of the Dept: English/ Humanities	
Course Title: Communication Skills- I	
Course Code: BAL106	Course Level:4.5
Type: Theory / Practical	
Course Credit: 2 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester )	
Hours Allotted: 30 Hours / 60 Hours	
Marks Allotted: 50 Marks/100 Marks	
<b>Course Objectives(CO):</b> (List the course objectives) 1) To provide disciplinary knowledge about fundamental aspects of Communicative English 2) To equip learners with the essential writing skills so as to enable them express using various styles and registers used in English language. 3) To provide adequate exposure in reading, writing, listening and speaking and the related sub-skills. 4) To help the learners in gaining confidence through effective Oral and Inter-personal Communication. 5) To sensitize young learners towards emerging world- wide challenges in the use of English as a widely accepted language of expression for various purpose	
<b>Course Outcomes (CO):</b> ( List the course outcomes)  Course Outcomes: CO1: The learner will be able to identify the concept of effective communication, barriers communicative English. CO2: The learner will be able to demonstrate a set of basic skills required for official and social correspondence in terms of content, forms of lay out and established practices. CO3: The learner will be able to read English writing (difficulty level I and II) with felicity of appropriate represented meaning in a comprehensive manner. CO4: The learner will be able to correlate speaking and writing skills accurately in academic expressions. CO5: Deliver persuasive and professional presentations.	

<b>Description the course: (Including but not limited to)</b>	Introduction, relevance, Usefulness, Application, interest, connection with other courses, demand in the industry, job prospects etc.
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**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
I	<b>Effective Communication</b> Concept & Practice of Effective Communication Barriers to Effective Communication Methods to Improve Communication Oral Communication Skills-Conversation, dialogues	10
II	<b>Basic Language Skills: Grammar and Usage</b> Articles, prepositions, conjunctions Transformation of Sentences (Simple, Compound, Complex) Tenses Subject - Verb agreement Language Aptitude Test . Competitive exam orientated , Modelled on TOFEL IELTS, CAT, GRE, GMAT exams	10
III	<b>Employment Skills</b> Basics of Phonetics Developing Effective Listening Art of Effective Speaking Art of effective Reading Job Application (Covering letter with Bio-data, Resume) Letter of Job Offer, Acceptance of Job Offer Building Advanced Vocabulary, Common Errors	10

	Total Hours	30
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#### References:

1. Meenakshi Raman, Sangeeta Sharma (2004) Technical Communication, Principles and Practice. Oxford University Press
2. Bovée, C. L., & Thill, J. V. (2021). *Business communication today*. Upper Saddle River, NJ: Pearson.
3. Sanjay Kumar & PushpLata (2018). Communication Skills a workbook, New Delhi: Oxford University Press.
4. Butterfield, J. (2017). *Verbal communication: Soft skills for a digital workplace*. Boston, MA: Cengage Learning.
5. Masters, L. A., Wallace, H. R., & Harwood, L. (2011). *Personal development for life and work*. Mason: South-Western Cengage Learning.

#### Scheme of Examination

Internal : 20 Marks

External: 30 Marks

Internal	Marks: 20
Project Presentation/Case Study	5 marks
Quiz/Group/Discussion- Strategies of GD	5 Marks
Assignment/Participation/Attendance	5 Marks
Class test	5 Marks

Sheth T. J. Education Society's  
Sheth N.K.T.T College of Commerce and  
Sheth J.T.T College of Arts, (Autonomous) Thane (W)

<b>Programme Name: B.Com./B.A.</b>		<b>Semester: I</b>
Course Category/Vertical: Value Education Course		
Name of the Dept: Commerce		
Course Title: Life Skills and Holistic Development - I		
Course Code: BCC107		Course Level: 4.5
Type: Theory		
Course Credit: 2 credits		
Hours Allotted: 30 Hours		
Marks Allotted: 50 Marks		
<b>Course Objectives:</b> 1 To introduce learners to the concept of life skills, their global significance, types, and practical applications in everyday life. 2. To enhance students' understanding of self-awareness and personality development by exploring key concepts, personality types, traits, and techniques for building confidence and a positive attitude.		
<b>Course Outcomes :</b> CO 1 Students will be able to define life skills, identify WHO's core life skills, classify them into types, and apply them effectively in real-life situations. CO 2 Students will be able to identify their personality traits, understand factors influencing personality, and apply strategies to build confidence and develop a positive, growth-oriented mindset.		
<b>Relevance:</b> These topics help students improve decision-making, communication, emotional strength, and relationships. Understanding personality and life skills is important for personal growth, academic success, and preparing for real-life challenges.		
<b>Scope:</b> This syllabus covers essential life skills and personality development. It introduces the importance of life skills, WHO's 10 core life skills, and their practical use in daily life. It also focuses on self-awareness, personality types, confidence building, and developing a positive attitude.		

**Syllabus: NEP 2020 w.e.f 2025-26**

Unit No.	Content	Hours
I	<ul style="list-style-type: none"><li>• Definition and Importance of Life Skills</li><li>• WHO's Core Life Skills (self-awareness, empathy, critical thinking, creative thinking, decision making, problem-solving, effective communication, interpersonal relationships, coping with stress, and coping with emotions)</li><li>• Personal Life Skills</li><li>• Interpersonal Life Skills</li><li>• Cognitive Life Skills</li><li>• Application of Life Skills in Daily Life</li><li>• Values and Ethics in Life Skills</li><li>• Case studies on success stories on life skills</li></ul>	15
II	<ul style="list-style-type: none"><li>• Self-awareness and Personality Development</li><li>• Meaning, Definition, Factors that determine personality</li><li>• Importance of personality development</li><li>• Personality Types and Traits</li><li>• Building Confidence and Positive Attitude</li><li>• Grooming habits for professional growth</li><li>• Emotional Intelligence (EQ)</li><li>• Case studies of famous personalities</li></ul>	15
	Total Hours	30

**References:**

1. Hurlock, E.B (2006). Personality Development, 28th Reprint. New Delhi: Tata McGraw Hill.
2. Finding Success Within – 52 Life Skills for Young Indians by Vivek Atray
- 3Soft Skills: Personality Development for Life Success by Prashant Sharma
4. Heller, Robert. Effective leadership. Essential Manager series. Dk Publishing, 2002
5. Hindle, Tim. Reducing Stress. Essential Manager series. Dk Publishing, 2003
6. Lucas, Stephen. Art of Public Speaking. New Delhi. Tata - Mc-Graw Hill. 2001
7. Mile, D.J Power of positive thinking. Delhi. Rohan Book Company, (2004).
8. Pravesh Kumar. All about Self- Motivation. New Delhi. Goodwill Publishing House. 2005.

## Scheme of Examination

Internal: 20 Marks

External: 30 Marks

### Pattern for Internal Examination

<b>Internal</b>	<b>Marks: 20</b>
Assignment	05 marks
Active class Participation/Attendance	05 Marks
Class test	10 Marks

### Pattern for Class test

Attempt any five concepts out of eight (Marks: 10)

### Pattern for External Examination

Field Project/Assignment/Presentation/Viva of (Marks: 30)

**Sheth T. J. Education Society's  
Sheth N.K.T.T College of Commerce and  
Sheth J.T.T College of Arts, Thane (W)  
(Autonomous)**

<b>Programme Name: B.A. Semester: I</b>	
Course Category/Vertical: Indian Knowledge System	
Name of the Dept: <b>Psychology</b>	
Course Title: <b>Ancient Indian Psychology</b>	
Course Code: BAP108	Course Level:4.5
Type: Theory	
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	
<b>Learning Objectives:</b> After completing the course the students should be able to..... <ol style="list-style-type: none"> <li>1. Understand the relationship between psychological concepts in Indian Mythology.</li> <li>2. Understand the concept of mind through ancient psychology.</li> <li>3. Appreciate the psychological concepts from an Indian perspective.</li> <li>4. Understand the roots of psychology in the Indian context.</li> <li>5. Understand the origin of psychological values and its application in the real world.</li> </ol>	
<b>Course Outcomes (CO):</b>  Learners will be able to.... CO1:Comprehend knowledge about Psychological concepts in Indian context. CO2: Use the values based on Bhagavad Gita and apply those in daily life and explain the meaning of counselling, therapy, meditation and vipassana.	
<b>Description the course: (Including but not limited to)</b>	Understanding Psychology through ancient Indian perspective. It will help students to understand the relevance of psychology and its origin in India. The values which are inculcated in Gita will be helpful for students.

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
I	<b>Introduction to Ancient Indian Psychology</b> a) Understanding mind, mind and body relation in Indian Psychology b) Concepts of Indian Psychology	15
II	<b>Applications of Indian Mythological Values</b> a) Counselling and therapy- Vipassana and Mindfulness b) Gita based approaches for daily life: Psychology of team dynamics and leadership, motivation and communication.	15
	Total Hours	30

**References:**

1. Safaya, R. (1975). Indian Psychology. New Delhi: Munshiram Manoharlal Publishers
2. Akhilananda, S. (1948). Hindu psychology: It's meaning for the west. London: George Routledge & Sons
3. Pandey, J. (Ed.). (1988). Psychology in India: The emerging trends in eighties. In J. Pandey (Ed.), Psychology in India: The state-of-the-art (Vol. 3, pp. 339-359). New Delhi: Sage.
4. Yogananda, P. (1995). The Bhagavad Gita: Royal science of God realization. LosAngeles: Self-Realization Fellowship.

**Scheme of Examination**

Internal: 20 Marks

External: 30 Marks

Internal	Marks: 20
Assignment/Participation/Attendance	10 Marks
Class test	10 Marks

**Paper Pattern for Internal and External Examination**

Q1. Answer the following questions. (Any 5 out of 8) (25)

(4 questions from each unit)

Q2. Short notes. (Any 2 out of 4) (05)

(2 from each unit)

**Sheth T. J. Education Society's  
Sheth N.K.T.T College of Commerce and  
Sheth J.T.T College of Arts, (AUTONOMOUS) Thane (W)**

<b>Programme Name: All programmes</b>	<b>Semester:I</b>
Course Category: Certificate Course (CC)	
Name of the Department: Sociology	
Course Title: <b>National Service Scheme</b>	
Course Code: As per course structure	Course Level: 4.5
Type: Theory / Practical	
Course Credit: 2 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a semester )	
Hours Allotted: 30 Hours	
1. Marks Allotted: 50 Marks	
Course Objectives: 1. To make aware the students about NSS ideology ii. To make students understand social issues in India.	
Course Outcomes: 1. Students will be aware the students about NSS ideology 2. Students will understand social issues in India.	
<p>Introduction: The NSS introduces students to the concept of voluntary community service as a means of personal development and nation-building. It typically involves engaging in various activities such as environmental conservation, literacy campaigns, health awareness drives, and disaster relief efforts.</p> <p>Relevance and Usefulness: In today's society, where there is a growing need for civic engagement and social cohesion, the NSS plays a crucial role. It instills a sense of civic duty and social responsibility in young people, empowering them to contribute positively to their communities and society at large.</p> <p>Application: Through hands-on participation in community service projects, NSS volunteers gain practical experience in leadership, teamwork, problem-solving, and communication skills. They also develop a deeper understanding of social issues and learn how to address them effectively through grassroots initiatives.</p> <p>Interest and Connection with Other Courses: The NSS intersects with various academic disciplines such as social work, public administration, sociology, and development studies. It provides students with opportunities to apply theoretical knowledge in real-world settings and reinforces the importance of active citizenship and social justice.</p> <p>Demand in the Industry: Employers increasingly value candidates who demonstrate a commitment to community service and civic engagement. Participation in the NSS signals to potential employers that an individual is socially conscious, proactive, and capable of working collaboratively towards common goals.</p>	

Job Prospects: Graduates who have participated in the NSS often find themselves well-equipped for a wide range of career paths. They may pursue roles in the nonprofit sector, government agencies, corporate social responsibility departments, international development organizations, or even entrepreneurship ventures with a social impact focus.

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
I	MODULE I: Introduction to NSS - Orientation and structure of NSS - The history of NSS- Objectives- Symbol and meaning- NSS hierarchy from national to college level	15
II	UNIT II: Basic social issues in India - Degeneration of value system, family system - Gender issues - Regional imbalance	15
	Total Hours	30

**References:**

1. National Service Scheme Manual (Revised) 2006, Government of India, Ministry of Youth Affairs and Sports, New Delhi.
2. University of Mumbai National Service Scheme Manual 2009.
3. <http://nss.nic.in>

### Scheme of Examination

Internal : 20 Marks

External: 30 Marks

Internal	Marks: 20
Assignment	5 marks
Active participation/Attendance	5 Marks
Class test	10 Marks

### Paper Pattern for Internal and External Examination

#### Internal Examination – Class Test

Q.1. Attempt any two from the following.

10 marks

#### External Examination-

Assignment based on Community work.

30 marks

Sheth T. J. Education Society's  
Sheth N.K.T.T College of Commerce and  
Sheth J.T.T College of Arts, (Autonomous) (W)

<b>Programme Name: All Programmes</b>		<b>Semester: I</b>
Course Category/Vertical: <b>Co-Curricular (CC)</b>		
Name of the Dept: <b>Psychology</b>		
Course Title: <b>Yoga</b>		
Course Code: As per course structure		Course Level:4.5
Type: Theory / Practical		
Course Credit: 2 credits		
Hours Allotted: 30 Hours		
Marks Allotted: 50 Marks		
<b>Learning Objectives:</b> <ol style="list-style-type: none"> <li>1. To impart to the students the knowledge of teachings and philosophy of yoga tradition.</li> <li>2. To provide the knowledge of various Yoga therapy practices like asana (posture), pranayama (voluntarily regulated breathing techniques).</li> </ol>		
<b>Course Outcomes (CO):</b> OC 1. Students will be able to understand the basic principles and applications of Yoga. OC 2. Students will be able to use the Practical knowledge in their day to day life.		
<b>Description the course:</b> <b>(Including but not limited to)</b>		Yoga practices will be important for the upcoming lifestyle hence students can seek a career in the same. Students will understand the importance of yoga in life. Students will be having practical exposure. Hence, practicing yoga will help students to maintain their health.

**Syllabus: NEP 2020 w.e.f 2024-25**

Unit No.	Content	Hours
I	<b>Theory of Yoga</b> A) Definition and meaning- Yoga, Sthula & Sukshma Vyayam, Asana, Pranayam, Yama & Niyama, Types of Shuddhi Kriya, Badhak Tatva B) Pranayam- Breath Awareness, Sectional Breathing, Anulom Vilom	10
II	<b>Practical</b>	20

	<p>A) Prayer, Yogic Sanchalan, Yogic Sukshma Vyayam : Grievashakti vikasak, Katishakti vikasak, Jangha Shakti vikasak, Shwasan Marg shuddhi &amp; Kapalbhati</p> <p>B) Asana- Standing Yogasana: Tadasana, Vrikshasana, Parivritta Trikonasana, Veerbhadrasana.</p> <p>Sitting Asanas: Vajrasana, Gomukhasa, Sasankasana, Padmasana, Parvatadana, Bhadrasana, Ustrasana.</p> <p>Prone Asanas: Bhujangasana, Ardha Shalabhasana, Adhomukh Shwanasana.</p> <p>Supine Yogasana : Uttanpadasana, Ardha Halasana, Saral Matsyasana, Ardha Pavan Muktasana, Setubandhasana &amp; Shavasana</p>	
	Total Hours	30

#### References:

1. Rajayoga - Swami Vivekananda - Ramakrishna Ashrama Publications.
2. C.D. Sharma: Critical Survey of Indian Philosophy, Motilal Banarsidass Publications 2003

#### Scheme of Examination

Internal: 20 Marks

External: 30 Marks

Internal	Marks: 20
Class test	10 marks
Quiz	5 marks
Class Participation	5 marks

#### Paper Pattern for External Examination

Practical demonstration of asanas

30 marks