S.Y.B.Com (Accounting and Finance) 2025-26

Code	Semester III subjects	Credit	Code	Semester IV subjects	Credit
Major1 BFF301	Financial Accounting -III	4	Major 1 BFF401	Financial Accounting - IV	4
Major 2 BFC302	Cost Accounting	4	Major 2 BFA402	Advance cost Accounting	4
Minor BFM303	Financial Market	4	Minor BFC403	Commodity and Derivative Market	4
Open Elective BFB304 BFD304	Consumer Behavior Data analysis with Excel.	2	Open Elective BFW404 BFE404	Web Technology E Commerce and Digital Marketing	2
VSC BFS305 BFB305	Fundamentals of Stock market Basics of Financial literacy	2	SEC BFP405 BFT405	Portfolio management Product and TQM	2
AEC BFH306/ BFM306	HINDI-1/MARATHI-1	2	AEC BFH406/ BFM406	HINDI-2/MARATHI-2	2
FP BFFP307	FP	2	CEP BFCP407	СЕР	2
CC BFN308/ BFY308	CC:NSS/Yoga/sports/cultural	2	CC BFN408/ BFY408	CC:NSS/Yoga/sports/cultural	2
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Programme Name: B.Com. (Accounting & I	Finance)	Semester: III			
Course Category: Major					
Name of the Dept: Accounting & Finance	Name of the Dept: Accounting & Finance				
Course Title: Financial Accounting-III					
Course Code: BFF301	Course Level:5				
Course Credit: 4 credit					
Hours Allotted :60 Hours					
Marks Allotted: 100					

Course Objectives: (CO)

CO1: To Understand the legal aspects of partnership form of organization.

CO2: To Analyse accounting practice prevailing in the areas Piecemeal Distribution of Cash on dissolution of firm.

CO3: To understand and use the concepts of Amalgamation of Firms & classify Profit Prior to Incorporation on appropriate basis.

CO4: To analyze Conversion / Sale of a Partnership Firm into a Limited Company

CO5; To understand the concepts to convert foreign currency into Indian currency relating to foreign branches and Transactions of Foreign Currency.

Course Outcomes.(OC)

OC1 The learners will be able to state and tabulate problems in the areas of Preparation of Final Accounts of Partnership firm on Adjustment of Admission or Retirement / Death of a Partner during the Year.

OC2: The learners will be able to review accounting practice prevailing in the areas Piecemeal Distribution of Cash on dissolution of firm

OC3: The learners will be able to apply the concepts of Amalgamation of Firms and classify Profit Prior to Incorporation on appropriate basis.

OC4: The learners will be able to analyse Conversion / Sale of a Partnership Firm into a Limited Company

OC5: The learners will be able to evaluate principles and concepts to convert foreign currency into Indian currency relating to foreign branches and Transactions of Foreign Currency.

Description the course: (Including but not limited to)

Financial accounting is a fundamental aspect of business operations, providing a structured framework for recording, summarizing, and presenting financial information. This course aims to equip students with the knowledge and skills necessary to analyze, interpret, and communicate financial data in accordance with generally accepted accounting principles .

Introduction to accounting, Recording financial transactions, financial statement, Revenue recognition & expenses measurement etc.. It Play a crucial role in shaping the skills and knowledge of students pursuing careers in accounting, finance, and business

Unit No.	Content	Hours
T		10
I	Partnership Final Accounts based on Adjustment of Admission or Retirement/Death of a Partner during the Year a) Simple final accounts questions to demonstrate the effect on final Accounts when a partner is admitted during the year or when partner Retires/dies during the year or when partner b) Allocation of gross profit prior to and after admission / retirement / death when stock on the date of admission / retirement is not given and apportionment of other expenses based on time / Sales / other given basis c) Ascertainment of gross profit prior to and after admission / retirement death when stock on the date of admission / retirement is given and apportionment of other expenses based on time / Sales / other given basis d) Excluding Questions where admission / retirement / death takes place in the same year.	
П	Piecemeal Distribution of Cash a) Excess Capital Method only b) Asset taken over by a Partner c) Treatment of past profits or past losses in the Balance sheet d) Contingent liabilities / Realization expenses / amount kept aside for expenses and adjustment of actual e) Treatment of secured liabilities f) Treatment of Preferential Liabilities like Govt. dues / labour dues etc. g) Excluding: Insolvency of Partner and Maximum Loss Method.	12
III	Amalgamation of Firms a) Realization method only b) Calculation of purchase consideration c) Journal/ledger accounts of old firms d) Preparing Balance sheet of new firm e) Adjustment of goodwill in the new firm f) Realignment of capitals in the new firm by current accounts / cash or a combination thereof g) Excluding: Common transactions between the amalgamating firms.	12
IV	Conversion / Sale of a Partnership Firm into a Ltd. Company a) Realisation method only b) Calculation of New Purchase consideration, Journal / Ledger Accounts of old firms. c) Preparing Balance Sheet of new company	12
V	Accounting of Transactions of Foreign Currency a) In relation to purchase and sale of goods, services and assets and loan and credit transactions. b) Computation and treatment of exchange rate differences	12
	Total Hours	60

- Introduction to Accountancy by T. S. Grewal
- Advance Accounts by Shukla & Grewal
- Advance Accountancy by R. L. Gupta and M Radhaswamy
- Modern Accountancy by Mukherjee and Hanif
- Financial Accounting by Lesile Chandwichk
- Financial Accounting for Management by Dr. Dinesh Harsalekar
- Financial Accounting by P. C. Tulsian
- Accounting Principles by Anthony, R.N. and Reece J.S.
- Financial Accounting by Gupta and Radhaswamy M
- Financial Accounting by Monga, J.R. Ahuja, Girish and Shehgal Asho

Programme Name: B.Com. (Accounting & Finan	ce) Semester: III	
Course Category: Major		
Name of the Dept: Accounting & Finance		
Course Title: Cost Accounting		
Course Code: BFC302	Course Level:5	
Course Credit: 4 credit		
Hours Allotted :60 Hours		
Marks Allotted: 100		

Course Objectives: (CO)

CO1: To Understand the role and importance of cost accounting. CO2: ToUnderstand classification of various costs and prepare Cost Sheet.

CO3: To use reconcile results as per Cost Accounts and Financial Accounts.

CO4: To impart knowledge of the Marginal costing technique and to familiarize with various applications of Marginal Costing technique.

Course Outcomes. (OC)

OC1 Learner would learn the concept and meaning of Cost accounting. And assess different types of costs and their further classification into Direct costs and Overheads. They will also illustrate cost centres, cost units, cost reporting and cost control..

OC2: Learner would classify various costs and would be able to prepare cost sheet for manufacturing and trading concerns.

OC3: The learners will be able State the reasons for the difference between the profits shown by cost books and financial books and Reconcile the two figures of profits by preparing reconciliation statement or memorandum reconciliation a/c.

OC4: The learners will be able acquire the basic concepts of Marginal costing and Apply the technique of Marginal Costing for managerial decision- making.

Description the course: (Including but not limited to)

This course introduces fundamental cost accounting concepts and procedures of cost accounting. An effective cost accounting system provides information that can impact operational and financial performances of an entity. It also explore how cost accounting data is generated and applied across various business entities for different purposes. The course will examine the role of cost accounting in measuring, analyzing, and reporting costs associated with acquiring and utilizing an entity's resources.

Additionally, methods for assigning different types of costs, including direct and indirect costs, fixed and variable costs, as well as inventoriable and period costs.

Unit No.	Content	Hours
I	Introduction to Cost Accounting: (i) Objectives and scope of Cost Accounting (ii) Cost centers and Cost units (iii) Cost classification for stock valuation, Profit measurement, Decision making and control (iv) Coding systems (v) Elements of Cost	15
II	Classification of Costs and Cost Sheet: Classification of costs, Cost of Sales, Cost Centre, Cost Unit, Profit Centre and Investment Centre Cost Sheet, Total Costs and Unit Costs, Different Costs for different purpose Note- Simple practical problems on preparation of cost sheet.	15
III	Reconciliation of cost and financial accounts: Practical problems based on Reconciliation of cost and Financial accounts.	15
IV	Introduction to Marginal Costing: Marginal costing meaning, applications, advantages, limitations Contribution, Breakeven analysis, Margin of safety and profit volume graph. Note-Simple Practical problems based on Marginal Costing excluding decision making	15
	Total Hours	60

- Cost Accounting- A managerial emphasis by Horngren, Charles, Foster and Datar, Prentice Hall
- Management Accounting by Khan and Jain, Tata McGraw Hill
- Practical Costing by P C Tulsian, Vikas New Delhi
- Advanced problems and solutions in cost Accounting by S N Maheshwari, Sultan Chand New Delhi
- Cost Accounting (For B. Com 4th Sem, Delhi Univ) by Arora M N, Vikas Publishing House Pvt. Ltd.
- A Textbook of Cost And Management Accounting 10th Edn by Arora M N, Vikas Publishing House Pvt. Ltd.
- Cost Accounting: Principles & Practice 12 Edn by Arora M N, Vikas Publishing House Pvt. Ltd.
- Essentials of Cost Accounting by Arora M N, Vikas Publishing House Pvt. Ltd.
- Students Guide to Cost Accounting & Financial Management (Set of 2 Volumes) (CA-IPCC) (Group I) by Bhavesh N. Chandarana, Taxmann ☐ Lectures on Costing by Swaminathan: S. Chand and Company (P) Ltd., New Delhi

Programme Name: B.com (Accounting & Finance)	ce) Semester -III		
Course Category: Minor			
Name of the Dept: Accounting & Finance			
Course Title: Financial Market			
Course Code:BFM303	Course Level:5		
Course Credit: 4 credits			
Hours Allotted: 60 Hours			
Marks Allotted: 100 Marks			
Course Objectives(CO): (List the course objectives)			
CO 1. To provide students with the complete un	derstanding of Indian financial Markets and		
its evolution.			
CO 2. To give an overview of Financial market			
CO 3. To give basic understanding of Foreign E			
CO 4. To describe the role of regulators in Fin	ancial Markets.		
Course Outcomes (OC): (List the course outcomes)			
OC 1. After the successful completion of the course the student will have Knowledge about			
Indian financial markets as well as a brief understanding of financial systems in other			
nations.			
OC 2. Students will be aware about financial markets and its types.			
OC 3. Students will be Develop critical thinking skills to assess market information and			
trends, allowing for a better understanding of market movements and their implications.			
OC 4. Students will Understand the regulatory framework governing Indian Financial			
System And Financial Markets			
Description the course:	Basic Knowledge of Indian Financial Market		
(Including but not limited to)	,Types and Understanding of Financial		
Learner will enables to understand the	System		
concept of Financial Market and its			
Functioning Fores x Market ,Money Market			

,Capital Market,Regulators

Unit No.	Content	Hours
I	Module-1: Indian Financial System And Financial Markets	15
	An introduction to the financial system, Components of Financial	
	System	
	Financial Markets, Definition, Functions	
	Classification: Primary Market & Secondary Market	
	Financial Markets Structure, Financial instruments	
II	Module-2: Mutual Fund	15
	Concept of Mutual Fund, History of Mutual fund ,Risk & Returns analysis,	
	Types of Mutual Fund and It's schemes, Importance of Mutual Fund,	
	Systematic investment plan (SIPs) and financial planning	
III	Module-3: Foreign Exchange, Money and Debt Market	15
	Foreign Exchange Market – Meaning-features-importance participants-	
	Instruments, Money market purpose and structure, Money market	
	instruments, Debt market instrument characteristics, Bond market, Bond	
	valuation	
IV	Module-4: Financial Regulators	15
	Meaning and features of financial regulators and Intermediaries, Role	
	and functions of financial regulators and intermediaries, Kinds of	
	financial regulators, markets regulated by each regulator	
	Reserve Bank of India (RBI)	
	Securities and Exchange Board of India (SEBI)	
	Insurance Regulatory and Development Authority of India (IRDAI)	
	Pension Fund Regulatory and Development Authority (PFRDA)	
	Total Hours	60
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References:

• Financial Services and Markets By Dr.S. Gurusamy- Thomson Publication

- Banking & Financial Markets in India By Niti Bhasin New NC Century
- Indian Financial System By Dr.S.C.Bihari International Book House Pvt Ltd
- Financial Institutions And Markets By Bhole and Mahakud Mc Graw Hill
- Indian Financial System- Evolution and Present Structure- Niti Bhasin-2014-New Century Publications
- Financial Institutions and Markets-Structure, Growth and Innovations-L M Bhole and Jitendra Mahakud-2017- Tata MacGrawHill Education Pvt Ltd

Programme Name: B.Com (Accounting & Finance)		Semester: III
Course Category: Open Elective		
Name of the Dept: B.com (Business Management)		
Course Title: Consumer Behavior		
Course Code: BFB304	Course Level:5	
Course Credit: 2 credits		
Hours Allotted: 30 Hours		
Marks Allotted: 50 Marks	_	

Course Objectives (CO): (List the course objectives)

CO.1 To make learners aware of the basic concepts of consumer behavior CO.2 To familiarize the learners with theories related to consumer behavior

Course Outcomes (OC): (List the course outcomes)

- OC 1. Gain knowledge about the basic concepts of consumer behavior and its implications in making marketing decisions
- OC 2. Understand the importance of the application of various theories in understanding consumer behavior

Description the course: (Including but not limited to)

The course introduces learners to the importance of consumer behavior and its application in analyzing market trends to ensure right decision-making for sustaining market competition. They would further understand the application of various theories to study consumer behavior and various modern trends in the market

Introduction, relevance, Usefulness, Application, interest, connection with other courses, demand in the industry, job prospects etc.

Unit No.	Content	Hours
I	Module -I	15
	 Meaning of Consumer Behavior, Features and Importance Types of Consumer (Institutional & Retail), Diversity of consumers and their behavior- Types Of Consumer Behaviour Profiling the consumer and understanding their needs Consumer Involvement Application of Consumer Behavior knowledge in Marketing Consumer Decision Making Process and Determinants of Buyer Behavior, factors affecting each stage, and Need recognition 	
II	 Behavior, factors affecting each stage, and Need recognition Module -II Individual Determinants of Consumer Behavior Consumer Needs & Motivation (Theories - Maslow, Mc Cleland). Personality – Concept, Nature of personality, Freudian, non - Freudian and Trait theories, Personality Traits and it's Marketing significance, Product personality and brand personification. Self Concept – Concept Consumer Perception Learning - Theory, Nature of Consumer Attitudes, Consumer Attitude Formation & Change. Attitude - Concept of attitude 	15
		30

- 1. Michael Vaz Manan Prakashan
- **2.** Kale Vipul Publication
- 3. Consumer Behavior by Leon G Schiffman and Lesile Lazar Kanuk
- 4. Consumer Behavior: Buying, Having and Being by Michael R. Solomon
- **5.** Consumer Behavior: An Integrated Approach by David L. Mothersbaugh and Delbert I. Hawkins

Programme Name: B.com (Accounting & Finance)	Semester: III
Course Categoryl: Open Elective	
Name of the Dept.: Science and Technology	
Course Title: Data Analysis with Excel	
Course Code: BFD304	Course Level: 5
Course Credit: 2 credits	
Hours Allotted:30 Hours	
Marks Allotted: 50 Marks	
Course Objectives(CO): (List the course objectives)	

- CO 1: To familiarize students with the basic functionalities of Excel and the essential tools for performing data analysis, including data manipulation, visualization, and basic statistical techniques.
- CO 2: To equip students with advanced Excel tools and techniques for deeper data analysis, including pivot tables, advanced functions, and more sophisticated data visualizations.

Course Outcomes (OC): (List the course outcomes)

- OC 1: Students will be able to navigate the Excel interface, perform basic data entry and management tasks, apply fundamental statistical techniques (like mean, median, and standard deviation), and create simple charts and data visualizations to analyze and present data effectively.
- OC 2: Students will be proficient in using advanced Excel functions (e.g., VLOOKUP, INDEX, MATCH), building and customizing pivot tables and pivot charts, creating interactive dashboards.

Description of the course:

(Including but not limited to)

This course on **Data Analysis with Excel** is designed to equip students with essential skills for performing data analysis using Excel, ranging from basic to advanced techniques. The first module focuses on the fundamental tools in Excel, including data entry, basic statistical functions, and simple data visualizations like charts and graphs. Students will learn how to manage data effectively, use functions like SUM and AVERAGE, and understand basic descriptive statistics. The second module introduces more advanced techniques, including advanced Excel functions like VLOOKUP and INDEX, as well as the creation of pivot tables and charts for deeper data analysis.

Syllabus: NEP 2020 w.e.f 2025-26

Unit No.	Content	Hours
Ι	Module I: Introduction to Excel and Basic Data Analysis	15
	 □ Introduction to Excel Overview of Excel interface Basic functions (SUM, AVERAGE, COUNT, etc.) Formatting cells, rows, and columns □ Data Entry and Management 1.1 Data types, importing/exporting data 1.2 Sorting and filtering data 	

1	3 Using tables and ranges asic Statistical Functions	
	Mean, median, mode, variance, standard deviation	
	2 Basic descriptive statistics	
	ata Visualization	
1.	Creating and customizing charts (bar, line, pie charts)	
1.3	2 Introduction to conditional formatting	
1.:	3 Creating dashboards for data visualization	
II Mod	lule II: Advanced Data Analysis Techniques in Excel	15
□ Ac	lvanced Excel Functions	
2.	Lookup functions (VLOOKUP, HLOOKUP, INDEX,	
	MATCH)	
2.:	Nested functions and array formulas	
2.:	3 IF, COUNTIF, SUMIF, and other conditional formulas	
□ Pi	vot Tables and Pivot Charts	
2.	Creating and customizing pivot tables	
	2 Analyzing large datasets with pivot charts	
	Grouping data in pivot tables	
	Ivanced Data Visualization	
2.	Using advanced chart types (scatter plot, histograms, etc.)	
2.:	2 Creating interactive dashboards with slicers	
2	3 Using sparklines for data trends	
Tot	al Hours	30

- 1. Walkenbach, John. Excel 2019 Bible, Wiley.
- 2. Harvey, Greg. Excel for Dummies (Excel 2021 or latest edition), Wiley.
- 3. Simon, Jinjer L. Excel Data Analysis: Your visual blueprint for analyzing data, charts, and PivotTables, Wiley.
- 4. McFedries, Paul. Microsoft Excel Data Analysis and Business Modeling, Microsoft Press.
- 5. Murdick, Robert G., & Ross, J. W. Information Systems for Managers: With Excel Applications, Pearson.
- 6. G., & Ross, J. W. Information Systems for Managers: With Excel Applications, Pearson.

Sheth T. J. Education Society's

Sheth N.K.T.T College of Commerce and Sheth J.T.T College of Arts, Thane (W) Autonomous

Programme Name:B.com (Accounting & Finance)	Semester:III
Course Category: Vocational Skill Course	
Name of the Dept: Accounting & Finance	
Course Title: Fundamental of Stock Market	
Course Code:BFS305	Course Level:5
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	

Course Objectives(CO): (List the course objectives)

CO1.To introduce students to the structure and functioning of stock markets.

CO2. To provide knowledge of different stock market instruments and SEBI regulations and investor protection measures

Course Outcomes (OC): (List the course outcomes)

OC. 1 Inculcate knowledge of corporate governance, financial regulations, and ethical investment Practice

OC 2. Help students understand global financial markets, economic indicators, and international trade impact on investments

Description the course:

(Including but not limited to) Course will enable Learner to understand the fundamental of Stock Market and its terminology .It enables to understand the instruments of capital market and SEBI Functioning & regulatory part.

The Course provide a strong foundation in investment principles if Capital Market .It also inculcate knowledge of asset allocation, and risk-return trade-offs It enables learner to analyze securities, construct efficient portfolios, and apply modern portfolio theory and to equip students with tools for portfolio construction, diversification, and risk management. The learner will understand Global SEBI regulation

Unit No.	Content	Hours
I	 Unit I: Introduction to Stock Market Basics of Financial Markets (Primary & Secondary Markets) Role of Stock Exchanges (NSE, BSE, NYSE, etc.) Key Market Participants (Investors, Traders, Brokers, Regulators) SEBI and Regulatory Framework How the Stock Market Works 	15
II	Unit II: Financial Instruments & Risk Management • Equity Shares (Common & Preferred) and IPO • Bonds & Debentures • Mutual Funds & ETFs • Derivatives (Futures & Options - Basics) • Risk Management -Meaning, Features and Importance • Types of Risks (Financial, Operational, Strategic, Compliance)	15
	Total Hours	30

- Risk Management-Manan prakashan
- Risk Management in Forex market-Dalnani Publication
- Risk Mangement Vipul Prakashan
- Risk Management Himalaya Publication
- Portfolio Management for New Products (Robert G. Cooper, Scott J. Edgett, and Elko J. Kleinschmidt)
- The Elements of Investing (Charles D. Ellis and Burton G. Malkiel)

Sheth T. J. Education Society's

Sheth N.K.T.T College of Commerce and Sheth J.T.T College of Arts, Thane (W) Autonomous

Programme Name:B.com (Accounting & Finance)	Semester: III
Course Category: Vocational skill Course	
Name of the Dept: Accounting & Finance	
Course Title:Basics of Financial Literacy	
Course Code: BFB305	Course Level:5
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	
Course Objectives(CO):	
CO1: To acquaint the students with the knowledge of growing importance of Financial Planning	
and Decision Making ,Personal Finance ,Investing	
CO2: To familiarize the students with the tools and techniques I	Personal Financing ,Taxation ,E-
filling ,Deduction ,Exemption	
Course Outcomes (OC):	
OC1: Students will be able to understand the concept of Fundar	nentals of Personal
Financing, Financial goal alien with personal and professional Goal	
OC2: Students will be able to understand Financial Budgeting and Planning, Investment decision	
making ,Savings,Taxation, Deduction ,Exemption,Personal tax	x Planning
Description the course: (Including but not limited	
to)	
The learner will enables to understand Personal	
Financing ,Financial planning ,Investment	
Decision process, Professional Financial	
goal,Exemption,E-filling ,Deduction	

	Content	Hours
I	 1. Financial Planning and Financial Product Introduction to Saving Time value of money Management of spending and financial discipline Banking products and services Digitization of financial transactions: Debit Cards {ATM Cards) and Credit Cards.,UTI Payment ,UPI Security and precautions against online frauds 	15
II	 Investment Planning, Management and personal Taxation Investment opportunity and financial products Insurance Planning: Life and non-life including medical insurance schemes Insurance Planning: Life and non-life including medical insurance schemes Introduction to basic Tax Structure in India for personal taxation Aspects of Personal tax planning Exemptions and deductions for individuals e-filing 	15
	Total Hours	30

- Benjamin Graham: Author of "The Intelligent Investor," a classic guide to value investing.
- Robert Kiyosaki: Author of "Rich Dad Poor Dad," a book that explores different approaches to financial literacy.
- Thomas J. Stanley and William D. Danko: Co-authors of "The Millionaire Next Door," which analyzes the characteristics of American millionaires.
- Dave Ramsey: Author of "The Total Money Makeover," a plan for achieving financial freedom.
- Ramit Sethi: Author of "I Will Teach You to Be Rich," a six-week program for improving finances.
- John C. Bogle: Author of "The Little Book of Common Sense Investing,"

Programme Name: B.com (Accounting & Finance) Semester:III

Course Category: Certificate Course (CC)

Name of the Department: Sociology

Course Title: Fundamentals of Social Service and Volunteering

Course Code: BFN308 Course Level: 5

Course Credit: 2 credits
Hours Allotted: 30 Hours
Marks Allotted: 50 Marks

Course Objectives:

- 1. To introduce students to the fundamental principles of social service and volunteering.
- 2. To develop a sense of social responsibility and commitment to community development.

Course Outcomes:

- 1. Gain an understanding of the significance of social service in nation-building.
- 2. Develop an appreciation for volunteerism and its role in addressing social issues.

Introduction: Social service and volunteering are essential aspects of a responsible and engaged society. They provide individuals with opportunities to contribute to the well-being of their communities while fostering personal growth and social awareness. This course aims to instill a spirit of volunteerism and service in students by equipping them with theoretical knowledge and practical experience in social service initiatives.

Relevance and Usefulness:

In today's world, social inequalities, environmental concerns, and community challenges require active engagement from individuals. Volunteering bridges the gap between the privileged and the underprivileged, offering solutions to pressing social issues. Through structured participation in social service activities, students develop empathy, teamwork, and leadership skills, making them responsible citizens and change-makers.

Interest and Connection with Other Courses:

This course complements various disciplines such as sociology, social work, public administration, psychology, and political science. The knowledge and skills gained through social service and volunteering enhance students' understanding of social structures, human behavior, and policy-making. Additionally, it fosters civic engagement, making it valuable for students aspiring to careers in social work, public service, or non-governmental organizations (NGOs).

Content	Hours
	15
UNIT I: Introduction to Social Servicing and Volunteering	
A. Meaning and Importance of Social Service	
B. Role of Youth in Social Service	
C. Challenges and Ethical Considerations in Voluntary Work	
	15
UNIT II: Community Engagement and Social Change	
A. Different Forms of Community Service (Health, Education,	
Environment, Disaster Relief)	
B. Government and Non-Government Organizations in Social	
Service	
C. Impact of Volunteerism on Society	
Total Hours	30
	 UNIT I: Introduction to Social Servicing and Volunteering A. Meaning and Importance of Social Service B. Role of Youth in Social Service C. Challenges and Ethical Considerations in Voluntary Work UNIT II: Community Engagement and Social Change A. Different Forms of Community Service (Health, Education, Environment, Disaster Relief) B. Government and Non-Government Organizations in Social Service C. Impact of Volunteerism on Society

- National Service Scheme Manual (Revised) 2006, Government of India, Ministry of Youth Affairs and Sports, New Delhi.
- University of Mumbai National Service Scheme Manual 2009.
- http://nss.nic.in
- https://www.rccmindore.com/wp-content/uploads/2023/04/NSS-Notes-II.pdf

Programme Name:B. Com.(Account	ing and Finance) Semester: III	
Course Category: Co-Curricular (CC		
Name of the Dept: Psychology		
Course Title: Yoga		
Course Code: BFY308	Course Level: 5	
Course Credit: 2 credits		
Hours Allotted: 30 Hours		
Marks Allotted: 50 Marks		
 Learning Objectives: To impart to the students the knowledge of teachings and philosophy of yoga tradition. To provide the knowledge of various Yoga therapy practices like asana (posture), pranayama (voluntarily regulated breathing techniques). 		
Course Outcomes (CO): OC 1. Students will be able to understand the basic principles and applications of Yoga. OC 2. Students will be able to use the Practical knowledge in their day to day life.		
Description the course: (Including but not limited to)	Yoga practices will be important for the upcoming lifestyle hence students can seek a career in the same. Students will understand the importance of yoga in life. Students will be having practical exposure. Hence, practicing yoga will help	

students to maintain their health.

Unit No.	Content	Hours
I	Theory of Yoga	15
	A) Yogic Sanchalan (Yogic Movements), Kapalbhati (Cleansing	
	Breath Technique), Suryanamaskar (Sun Salutation)	
	B) Chandrabhedan Pranayama (Left Nostril Breathing), Surya	
	Bhedana Pranayama (Right Nostril Breathing), Sakshi Bhav	
	(Witness Consciousness)	
	(Whitesa Consciousness)	
II	Practical	15
	A) Padmasana (Lotus Pose), Parvatasana (Mountain Pose),	
	Janushirasana (Head-to-Knee Forward Bend), Ustrasana (Camel	
	Pose), Veerbhadrasana (Warrior Pose), Trikonasana (Triangle	
	Pose), Vrikshasana (Tree Pose), Ardha Naukasana (Half Boat	
	Pose)	
	B) Ardha Shalabhasana (Half Locust Pose), Makarasana (Crocodile	
	Pose), Ardha Dronasana (Half Warrior Plank), Ardha	
	Pavanmuktasana (Half Wind-Relieving Pose), Utthita	
	Ekpadasana (Extended One-Leg Pose)	
	(———————————————————————	
	Total Hours	30

- 1. G. V Kadam Yoga Life Sutra, Girish Vasant Kadam (2012)
- 2. ajayoga Swami Vivekananda Ramakrishna Ashrama Publications
- 3. C.D. Sharma: Critical Survey of Indian Philosophy, Motilal Banarsidass Publications 2003